

SOUTH PARK TOWNSHIP LIBRARY

MUNCH & LEARNS

WEDNESDAYS @ NOON - PLEASE REGISTER

Sep. 25th - Pain Management (CC)

Kailyn Fay Robinson Witonsky is a trainee in the Medical Scientist Training Program at the University of Pittsburgh School of Medicine. She will be here to talk about some of the best ways to reduce chronic pain.

Oct. 2nd - Medicare (CC)

The Allegheny County PA MEDI office is partnering with libraries to answer questions about Medicare and the complexities of understanding Medicare - just in time for open enrollment (10/15 to 12/7)

Oct. 9th - Balance and Fall Prevention (CC)

Hess Physical Therapy will host a workshop on balance and fall prevention. If you've fallen in the past, worry about falling, feel unsteady when walking, you will not want to miss this!

Oct. 23rd - Cancer Awareness (CC)

UPMC Hillman's experts will discuss risk factors, early detection, and screening. The more you know about cancer and how to lower your risk may help save your life or someone you love.

Oct. 30th - Author Kristina Marusic, "A New War on Cancer" (CC)

"A New War on Cancer: The Unlikely Heroes Revolutionizing Prevention" is about the environmental causes of cancer. Kristina's passionate advocacy journalism interweaves the stories of people on the front lines of environmental activism with facts that make you wonder... (Carlo Wolff/PPG)

Nov. 6th - Consumer Advocate Mary Bach (CC)

Local consumer advocate, Mary Bach will be here to talk about the latest consumer topics.

call 412-833-5585 or visit
www.southparklibrary.org
to register for these programs