University of Pittsburgh Alzheimer's Disease Research Center jointly with the Department of Epidemiology &

University of Pittsburgh School of Medicine Continuing Education in the Health Sciences Topics at Noon Series – Fall 2021 12:00 noon – 1:00 pm VIRTUAL

JOIN ZOOM:

https://pitt.zoom.us/j/94171928709

September 16, 2021

Sexual and Gender Minority Populations and Risk for Alzheimer's Disease and Related Dementias Jason D. Flatt, PhD, MPH

Assistant Professor School of Public Health, Social & Behavioral Health University of Nevada, Las Vegas

Over 3 million or more adults aged 60 + live in the U.S. who identify as sexual and gender minorities (SGM) or lesbian, gay, bisexual, transgender, and/or queer. Less is known about dementia risk in SGM older adults. We will discuss risk for Alzheimer's Disease and Related Dementias (ADRD) and related risk factors among SGM adults from multiple population-based and cohort studies. Our research has found higher rates of memory problems and ADRD risk among SGM older adults. These findings highlight ADRD risk and related problems among SGM older adults. We will also highlight the healthcare, social and related challenges experienced by SGM older adults. Future studies are needed to better understand ADRD risk and recruiting, screening and improving ADRD-related outcomes in SGM older adults and their caregivers.

Target Audience: physicians, scientists, psychologists, nurses, social workers, clinical and research trainees and other health and research professionals.

Educational Objectives: By the end of this presentation, attendees will be able to:

- 1. List three potential risk factors for dementia among sexual and gender minority older adults
- 2. Describe some of the social and political barriers for sexual and gender minority older adults living with dementia
- 3. Identify two ways to improve healthcare experiences for sexual and gender minority older adults living with dementia and their caregivers.

Faculty Disclosure: In accordance with Accreditation Council for Continuing Medical Education requirements on disclosure, information about relationships of presenters with commercial interests (if any) will be included in materials distributed at the time of the conference. Continuing Medical Education Credit. The University of Pittsburgh School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The University of Pittsburgh School of Medicine designates this educational activity for a maximum of 1.0 AMA PRA Category 1 Credits TM. Physicians should only claim credit commensurate with the extent of their participation in the activity. Registration not required. For more information call 412-692-2700.